



Parenting Course Co-facilitator

This role is for co-facilitator of the innovative and successful parenting course “Initiating Independence – A parenting course for parents of 6 to 12 year olds”.

The goal of the programme is to provide information and build skills to help create improved family relationships. The six sessions of the course are designed to empower parents to solve behavioural issues and to understand how to communicate with and support their child through the middle years and is currently run in Wellington, Hutt Valley and Kapiti on a Monday evening, between 7-9pm.

The presenters initiate helpful changes through using a positive and empathetic engagement with the participants. This helps to create a safe and relaxed space in which parents can share their own family dynamics and issues.

This is a contracted position entailing an average of 3 hours over the 6 week programme and in addition to this there will be a small amount of administration work for analysis and reporting.

Your ideal attributes

- Able to quickly form good relationships with participants and with the group as a whole and be responsive to the individual needs of participants
- To create a safe space to encourage the sharing of sometimes difficult information
- A good grounding in parenting
- Understand how to work with participants who may experience anxiety
- Form a co-creative and cohesive partnership with your clinical colleague
- Show a good appreciation for group dynamics with the ability to move flexibly to differing needs
- Use attachment-based principles and approaches in working with clients

Responsibilities

- Facilitation of groups
- Proactive support of Parent Help’s reputation within social and public sectors
- Shared responsibility for programme-related administrative tasks and reporting

Qualifications and experience

- Relevant tertiary-level qualification
- At least three years post-qualification or post-training experience
- Previous facilitation skills

For more information please contact Course Administrator Patricia Stratton on 04 802 5767 or email patricia@parenthelp.org.nz.

Application and CV to be sent to patricia@parenthelp.org.nz before 20th August 2019.